



Teens Social Skills Group

This group will focus on:

- ◆ Understanding, accepting, and coping with emotions
- ◆ Developing socially appropriate responses
- ◆ Picking up on nonverbal communications
- ◆ Building strong social relationships
- ◆ Developing and showing empathy
- ◆ Making friends
- ◆ Social anxiety



Facilitated by Irina Maksimets
MSW, LCSW, Therapist, Life Coach

For Teens
14-17 years old

Thursday 5pm-6pm
January 12th-March 16th

\$55 per session / \$550 total

*Pay before group begins to receive
a 10% discount

